

NOTICE OF RACE



28th INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY 12th NATIONS CUP

**Palamós
Costa Brava
Girona
SPAIN**

16th to 19th FEBRUARY 2017



**Costa Brava
Pirineu de Girona**





NOTICE OF RACE

28th INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY 12th NATIONS CUP February 16 – 19, 2017 Club Nàutic Costa Brava & Club de Vela Palamós, Catalonia, Spain

Club de Vela Palamós and Club Nàutic Costa Brava is proud to host the 28th INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY, 12th NATIONS CUP.
This Regatta is part of the OPTIMIST EXCELLENCE CUP 2016 - 2017

1. Date and Venue

The 28th INTERNATIONAL VILA DE PALAMÓS OPTIMIST TROPHY - 12th NATIONS CUP will be held from 16th to 19th February 2017.

The venue will be located at Palamós Beach near the Club de Vela Palamós, Palamós, Catalonia, Spain.

2. Organization and Rules

2.1 The regatta will be organized by Club de Vela Palamós, Club Nàutic Costa Brava, Authorised by the Real Federación Española de Vela and Federació Catalana de Vela and will be sailed under the “rules” as defined in the current Racing Rules of Sailing (rules) and the current International Optimist Class Rules. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will take precedence (modifies RRS 63.7).

2.2 Appendix P will apply.

3. Advertising

3.1 Competitors must comply with ISAF regulation 20.

4. Eligibility

4.1 Competitors are required to be current members of the Optimist organizing authority for the country of their residence and have been born on or after January 1, 2002.

4.2 The regatta will be open, except for 10 entries for sailors from Club Vela Palamós. The remaining spare entries are for other sailors until a **maximum number of 450 participants have been reached altogether**. The Organising Committee reserves the right to accept more entries.

Entries will be accepted by the first come – first served principle, An entry will be valid when payment is made. A non-paid entry will not be considered as accepted.

4.2.1 Sailors from Spain must be ranked in Group1 / Group A or top 20 of Group 2 / Group B on his Regional Federation (1stJanuary Ranking).

4.3 All entries shall meet the requirements of ISAF Regulation 19 - Eligibility Code.

5. Entries

5.1 Entries for competitors and coaches shall be done online via the regatta website and paid to be considered as valid entries.

Online entry opens on 15th September 2016.



<http://www.palamosoptimisttrophyp.org>

- 5.2 The deadline for registration will be on 20th January at 6 p.m.
- 5.3 Competitors shall provide the following documentation prior to completing registration formalities on site:
- Parental/legal Guardian Assent - Medical Treatment Permission (Form 1) - or on their parents medical insurance policy.

Coaches shall provide the list of sailors under their responsibility.

- 5.4 All sailors and coaches will have to pay an entry fee for the event. The regatta **entry fee will be 90€ for sailors and 15€ for coaches.**
- 5.5 Payments will be made by credit card as established on the regatta website
- 5.6 The Organizing Committee has the right to accept entries received after the entry deadline.
- 5.7 No entry fee refund will be made after 9th February.

6. Registration of Competitors and Coaches

- 6.1 Registration of competitors will be made only by the corresponding team coaches. Coaches shall register and sign the registration form at the registration office next to the Club Office before 20h on 18th February 2016.

It is mandatory for all competitors to have a coach in the regatta.

- 6.2 Registration is subject to the presentation before that time of the following documents:
- Parental Authorization
 - A valid third-party liability insurance, with a minimum cover of 350.000 € (*)
Insurance can be purchased at registration.
- 6.3 Coaches and team support personnel shall provide the following documentation prior to completing registration formalities on site:
- Boat Driving License (if applicable)
 - Evidence of valid third party insurance
 - RFEV Technical License (Spanish coaches ONLY)

7. Format of the Regatta

In the event that there are more than 80 sailors registered, the fleet will be divided into divisions.

Sailing Instructions will define the Racing format details.

8. Schedule

Thursday, February 16

10.00 - 20.00 Sign in at registration office

14:00 Warning signal for the Practice Race.

Friday, February 17

09.00 Mandatory coaches meeting

10.30 Harbour start

11.00 Warning signal for 1st race of the day

Saturday, February 18

10.00 Harbour start

11.00 Warning signal for 1st race of the day

Sunday, February 19



- 10.00 Harbour Start
- 11.00 Warning signal for 1st race of the day
- 15.00 No warning signal after this time
- After racing, Prize giving ceremony

9. Racing Area and Course

- 9.1 There will be one racing area. The Sailing Instructions will show the location of the racing area and will also describe it.
- 9.2 The course will be the Optimist Trapezoid with a gate at the leeward mark.

10. Scoring

- 10.1 The Low-Point Scoring System, (RRS Appendix A) will be applied.
- 10.2 When 4 or more races are completed, 1 race score will be discarded as permitted under the RRS.
- 10.3 One race is required to complete the regatta.

11. Sailing Instructions

Sailing Instructions will be available at the onsite sign in.

12. International Jury

Protests will be handled by an International Jury as per RRS 91(b)

13. Personal buoyancy

Each competitor must wear a personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable Personal Flotation Devices do not constitute adequate personal buoyancy. Failure to wear an adequate personal flotation device will result in a penalty up to and including disqualification.

14. Safety

- 14.1 Each competitor must wear a personal flotation device (PFD) in accordance with CR 4.2 (a) properly secured at all times while on the water except when temporarily adding or removing clothing. This changes RRS 40.
- 14.2 All coaches and supporting personnel will be requested to be equipped with and use the life jacket and to carry with them a VHF radio out on the water.

15. Designated Adult

- 15.1 Parents not personally attending any part of the event must ensure that another adult is authorized and designated.
- 15.2 Each competitor shall indicate in writing a parent or adult representative who shall be responsible for the competitor throughout the event in the Parent Consent and Declaration Form available on the regatta website.
- 15.4 The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during and after the regatta.

16. Support boats



All support boats shall register and shall prominently fly a National flag or a white flag with the three letter national code of the countries it supports, from a staff, at all times while in the water. No other flags shall be displayed by support boats.

Registered coach boats may enter the corridor from the starting line to the finishing line. All other boats must stay outside the course area at all times. It is the intention of this provision that each sailor shall have a support boat on the course.

17. Measurement

- 17.1 Competitors are allowed to use only one hull, dagger board, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Jury's approval.
- 17.2 There may be measurement on the water following each race. A number of boats may be spot checked after finishing the race.
- 17.3 All equipment may be subject to a safety check.

18. DISCLAIMER OF LIABILITY

- 18.1 Competitors take part in all races at their own risk. CV Palamós and CN Costa Brava or any of their officials or representatives or the sponsors or their officials or representatives are not responsible, under any circumstances, for any damage, loss or injury either ashore or on the water either to persons or equipment, which may result from the participation in the regatta.
- 18.2 Participation in this event, supporting events and in each race is at the sole discretion of the sailor and at his/her own risk. Notice is drawn to RRS 4. **(See FORM 1)**

19. Trophies

Overall: 1st through 10th
12 and under: 1st through 3rd
13 and over: 1st through 3rd
Top girl: 1st through 3rd

20. Nations Cup

20.1 Scoring system

For the Nations Cup, the total points without discard of the 4 sailors with the best individual cumulative results from each country in all races which count will be added to give a team total score

The Trophy will be awarded to the country with the best team total score.

20.2 Trophies

Catalan Government Trophy 1st team

21. Additional information

For additional information contact:

Club de Vela Palamós, e-mail: info@palamosoptimistrophy.org

22. Charter Boats and Coach Boats

Contact: WINNER BOATS, e-mail: winner@winner.es

Tel: +34 972 31 51 00



23. Accommodation

ESPAI DE VIATGES S.L.
c/ Didac Garrell 4
17230 PALAMOS - GIRONA - SPAIN
Phone: + 34 972 31 42 88
Fax: + 34 972 60 20 16
E-mail: palamos@espaideviatges.es

24. Training

All teams wishing to come and train in Club Vela Palamós before or after the regatta must CONTACT the Club in order to register at cvp@cvpalamos.org